

The Art of Manliness: Classic Skills and Manners for the Modern Man

By Brett McKay, Kate McKay

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Man Up!

While it's definitely more than just monster trucks, grilling and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous.

Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors **Brett** and **Kate McKay** have created a collection of the most useful advice every man needs to know to live life to its full potential.

This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to:

- Shave like your grandpa
- Be a perfect houseguest
- Fight like a gentleman using the art of bartitsu
- Help a friend with a problem
- Give a man hug
- Perform a fireman's carry
- Ask for a woman's hand in marriage
- Raise resilient kids
- Predict the weather like a frontiersman
- Start a fire without matches
- Give a dynamic speech
- Live a well-balanced life

So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

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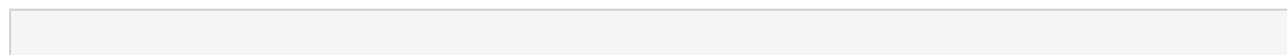
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Editorial Review

Review

"This couple shows that you can be a man without being a jerk." ---MDAA, Toronto Star.com

About the Author

Brett McKay runs the popular Web site ArtofManliness.com with his wife, Kate.

Kate McKay has taught history and humanities at Tulsa Community College and is one of the main content creators on the popular Web site ArtofManliness.com.

Todd McLaren was involved in radio for more than twenty years in cities on both coasts. He left broadcasting for a full-time career in voice-overs, where he has been heard on more than 5,000 TV and radio commercials, as well as TV promos, narrations for documentaries on such networks as A&E and the History Channel, and films.

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