



Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e

By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD

Download now

Read Online ➔

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By
Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD

Combining 25 years of clinical, research and teaching experience, Dr Lisa Harvey provides an innovative 5-step approach to the physiotherapy management of people with spinal cord injury. Based on the International Classification of Functioning, this approach emphasises the importance of setting goals which are purposeful and meaningful to the patient. These goals are related to performance of motor tasks analysed in terms of 6 key impairments. The assessment and treatment performance of each of these impairments for people with spinal cord injury is described in the following chapters:

- training motor tasks
- strength training
- contracture management
- pain management
- respiratory management
- cardiovascular fitness training

Dr Harvey develops readers' problem-solving skills equipping them to manage all types of spinal cord injuries. Central to these skills is an understanding of how people with different patterns of paralysis perform motor tasks and the importance of different muscles for motor tasks such as:

- transfers and bed mobility of people
- wheelchair mobility
- hand function for people with tetraplegia
- standing and walking with lower limb paralysis

This book is for students and junior physiotherapists with little or no experience in the area of spinal cord injury but with a general understanding of the principles of physiotherapy. It is also a useful tool for experienced clinicians, including those keen to explore the evidence base that supports different physiotherapy interventions.

 [**Download** Management of Spinal Cord Injuries: A Guide for Ph ...pdf](#)

 [**Read Online** Management of Spinal Cord Injuries: A Guide for ...pdf](#)

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e

By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD

Combining 25 years of clinical, research and teaching experience, Dr Lisa Harvey provides an innovative 5-step approach to the physiotherapy management of people with spinal cord injury. Based on the International Classification of Functioning, this approach emphasises the importance of setting goals which are purposeful and meaningful to the patient. These goals are related to performance of motor tasks analysed in terms of 6 key impairments. The assessment and treatment performance of each of these impairments for people with spinal cord injury is described in the following chapters:

- training motor tasks
- strength training
- contracture management
- pain management
- respiratory management
- cardiovascular fitness training

Dr Harvey develops readers' problem-solving skills equipping them to manage all types of spinal cord injuries. Central to these skills is an understanding of how people with different patterns of paralysis perform motor tasks and the importance of different muscles for motor tasks such as:

- transfers and bed mobility of people
- wheelchair mobility
- hand function for people with tetraplegia
- standing and walking with lower limb paralysis

This book is for students and junior physiotherapists with little or no experience in the area of spinal cord injury but with a general understanding of the principles of physiotherapy. It is also a useful tool for experienced clinicians, including those keen to explore the evidence base that supports different physiotherapy interventions.

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD Bibliography

- Sales Rank: #674267 in Books
- Brand: Churchill Livingstone
- Published on: 2008-01-10
- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x .60" w x 7.40" l, 1.50 pounds

- Binding: Paperback
- 316 pages

 [**Download** Management of Spinal Cord Injuries: A Guide for Ph ...pdf](#)

 [**Read Online** Management of Spinal Cord Injuries: A Guide for ...pdf](#)

Editorial Review

Review

"This book fills a need and should become a motivation for physiotherapists in their clinical practice and reasoning and development...The book is extremely well referenced throughout with up-to-date material and so provides current supporting background to the clinical reasoning of practice. I would recommend this book."

Dot Tussler MSc MCSP, 27.4.08

"It will not just be valuable for students and junior therapists but also for academics in higher education to help deliver the core knowledge in this field. This book can also serve as a reference guide in a specialty unit owing to its wide coverage of the various aspects of this complex topic...In summary, with its excellent referencing back to literature, pointers on prioritizing therapy in such a task-intensive condition, and acknowledgment of limitations in the evidence base, this is an honest and very helpful book."

International Journal of Therapy and Rehabilitation, March 2009, Vol 16, No 3

"The book provides the student, and physiotherapists of all experience levels, with a wealth of information. As an

experienced clinician there was much in this text which I found stimulating and informative. The breadth of the content is extensive."

Australian Journal of Physiotherapy 2009 Vol. 55

About the Author

Lisa Harvey is a physiotherapist from the Royal Rehabilitation Centre in Sydney, and was awarded the Australian ACHS 2005 Gold Medal. This medal is awarded each year to one person that has made a significant contribution to the development of healthcare services. She led the development of a website (www.physiotherapyexercises.com) which provides images of exercises appropriate for people with spinal cord injuries and other neurological conditions. Dr Harvey also teaches at the School of Physiotherapy at the University of Sydney and has taught large numbers of undergraduate and postgraduate students as well as running workshops worldwide.

Users Review

From reader reviews:

Judith Tate:

Playing with family within a park, coming to see the water world or hanging out with buddies is thing that usually you have done when you have spare time, subsequently why you don't try point that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e, you can enjoy both. It is great combination right, you still would like to miss it? What kind of hang-out type is it? Oh seriously its mind hangout guys. What? Still don't obtain it, oh come on its called reading friends.

Jeffrey Stampley:

Reading a book to get new life style in this season; every people loves to examine a book. When you study a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, simply because book has a lot of information in it. The information that you will get depend on what kinds of book that you have read. If you wish to get information about your review, you can read education books, but if you act like you want to entertain yourself you can read a fiction books, these us novel, comics, and soon. The Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e provide you with a new experience in reading a book.

Rhonda Rudder:

This Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e is new way for you who has fascination to look for some information because it relief your hunger of knowledge. Getting deeper you in it getting knowledge more you know or perhaps you who still having small amount of digest in reading this Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e can be the light food to suit your needs because the information inside that book is easy to get by anyone. These books produce itself in the form which is reachable by anyone, yep I mean in the e-book web form. People who think that in e-book form make them feel sleepy even dizzy this book is the answer. So you cannot find any in reading a reserve especially this one. You can find actually looking for. It should be here for you actually. So , don't miss the idea! Just read this e-book kind for your better life and also knowledge.

Mark Bock:

That guide can make you to feel relax. That book Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e was colorful and of course has pictures on there. As we know that book Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e has many kinds or type. Start from kids until teenagers. For example Naruto or Investigator Conan you can read and think that you are the character on there. Therefore not at all of book are usually make you bored, any it makes you feel happy, fun and rest. Try to choose the best book to suit your needs and try to like reading that.

Download and Read Online Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD #XHI5Z8TP0L3

Read Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD for online ebook

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD books to read online.

Online Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD ebook PDF download

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD Doc

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD Mobipocket

Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD EPub

XHI5Z8TP0L3: Management of Spinal Cord Injuries: A Guide for Physiotherapists, 1e By Lisa Harvey BAppSc GradDipAppSc(ExSpSc) MAppSc PhD