



The Essential Cuisines of Mexico

By Diana Kennedy

[Download now](#)

[Read Online](#) 

The Essential Cuisines of Mexico By Diana Kennedy

More than twenty-five years ago, when Diana Kennedy published *The Cuisines of Mexico*, knowledge and appreciation of authentic Mexican cooking were in their infancy. But change was in the air. Home cooks were turning to Julia Child for an introduction to French cuisine and to Marcella Hazan for the tastes of Italy. Through Diana Kennedy they discovered a delicious and highly developed culinary tradition they barely knew existed. **The Cuisines of Mexico, Mexican Regional Cooking, and The Tortilla Book** became best-sellers, and Diana Kennedy was recognized as the authority on Mexican food.

Now a new generation has discovered that Mexican food is more than chimichangas, that they can find fresh hierbas de olor (pot herbs, including marjoram and Mexican bayleaf) and chilacas in their markets. The book that will become indispensable in their kitchens is **The Essential Cuisines of Mexico**.

Diana has combined her three classic books in one volume, refining recipes when possible, bringing them up to date without losing the spirit of their generation. Old friends will be delighted to revisit these refreshed classics and to find more than thirty new recipes from different regions of Mexico. Among these discoveries are the very popular arroz a la tumbada (rice with seafood) from Veracruz, a pico de gallo with peaches from the state of Mexico, and tasty snacks from the cantinas of Mérida.

Newcomers will delight in Diana's "word pictures" -- descriptions of her travels and discoveries -- and in her off-the-cuff comments. Whether they turn to this book for the final word on tamales, recipes for tasty antojitos to serve with drinks, or superb tacos, they will find there is no better teacher of Mexican food. How enviable to attempt for the first time Calzones del Diablo (yes, the Devil's Pants), and what a pleasure to succumb to Diana's passion for Mexican food.

 [Download The Essential Cuisines of Mexico ...pdf](#)

 [Read Online The Essential Cuisines of Mexico ...pdf](#)

The Essential Cuisines of Mexico

By Diana Kennedy

The Essential Cuisines of Mexico By Diana Kennedy

More than twenty-five years ago, when Diana Kennedy published *The Cuisines of Mexico*, knowledge and appreciation of authentic Mexican cooking were in their infancy. But change was in the air. Home cooks were turning to Julia Child for an introduction to French cuisine and to Marcella Hazan for the tastes of Italy. Through Diana Kennedy they discovered a delicious and highly developed culinary tradition they barely knew existed. **The Cuisines of Mexico, Mexican Regional Cooking, and The Tortilla Book** became best-sellers, and Diana Kennedy was recognized as the authority on Mexican food.

Now a new generation has discovered that Mexican food is more than chimichangas, that they can find fresh hierbas de olor (pot herbs, including marjoram and Mexican bayleaf) and chilacas in their markets. The book that will become indispensable in their kitchens is **The Essential Cuisines of Mexico**.

Diana has combined her three classic books in one volume, refining recipes when possible, bringing them up to date without losing the spirit of their generation. Old friends will be delighted to revisit these refreshed classics and to find more than thirty new recipes from different regions of Mexico. Among these discoveries are the very popular arroz a la tumbada (rice with seafood) from Veracruz, a pico de gallo with peaches from the state of Mexico, and tasty snacks from the cantinas of Mérida.

Newcomers will delight in Diana's "word pictures" -- descriptions of her travels and discoveries -- and in her off-the-cuff comments. Whether they turn to this book for the final word on tamales, recipes for tasty antojitos to serve with drinks, or superb tacos, they will find there is no better teacher of Mexican food. How enviable to attempt for the first time Calzones del Diablo (yes, the Devil's Pants), and what a pleasure to succumb to Diana's passion for Mexican food.

The Essential Cuisines of Mexico By Diana Kennedy Bibliography

- Sales Rank: #241160 in Books
- Brand: Kennedy, Diana
- Published on: 2009-10-20
- Released on: 2009-10-20
- Original language: English
- Number of items: 1
- Dimensions: 9.14" h x 1.40" w x 7.34" l, 1.74 pounds
- Binding: Paperback
- 544 pages

 [Download The Essential Cuisines of Mexico ...pdf](#)

 [Read Online The Essential Cuisines of Mexico ...pdf](#)

Download and Read Free Online The Essential Cuisines of Mexico By Diana Kennedy

Editorial Review

Amazon.com Review

Can it be 30 years since Diana Kennedy's first cookbook was published? Since then, and due largely to her, Americans have learned that Mexican food isn't just burritos and combination plates, but a subtle, highly developed repertoire with roots in European as well as native Mexican cooking. *The Essential Cuisines of Mexico* combines in one book Kennedy's first three works, *The Cuisines of Mexico*, *The Tortilla Book*, and *Mexican Regional Cooking*. Updated and revised, and with 30 new recipes to make more than 300 in all, the compilation is instantly the definitive English-language exploration of Mexican cooking.

In 20 chapters--from appetizers to sweets and drinks--the book presents old friends like Pozole de Jalisco and chile con queso, and new delights, including pico de gallo with peaches, Arroz à la Tumbada (rice with seafood), Pollo en Cuiclahoche (chicken in a sauce made with cuitlacoche, the wonderfully exotic corn fungus), snacks from Yucatán cantinas, and a delicious barbecued chicken from Chiapas. The recipe revisions reflect increased ingredient availability and our evolved appreciation of the Mexican palate (Kennedy now requires fresh poblano chilies in her Sopa de Elote, for example, and instructs that they be charred). The sections on masa "fantasies" and tortillas bring together a wide range of these corn-based treats, including Garnachas Yucatecas (delicious filled masa tartlets). With a comprehensive glossary and essays such as "A Weekend Barbecue in Oaxaca," the book reminds us of Kennedy's great contribution to our culinary pleasure, and the recipes that made it possible. --Arthur Boehm

From Publishers Weekly

HThe prolific Kennedy revisits her adopted homeland in *The Essential Cuisines of Mexico*, a compilation of her first three books (*The Cuisines of Mexico*, *The Tortilla Book* and *Mexican Regional Cooking*). From Nuevo León to the Yucatan, Kennedy strives to retain the authenticity of regional recipes: "I have simplified the recipes when possible, bringing them up to date without losing the spirit of their generation." Chapters reflect an assemblage of courses, including appetizers, corn dough cakes, vegetables, meats, egg dishes, light meals, sauces and relishes, sweet pastries and drinks. The concluding "general information" section provides helpful tips on equipment, chiles, cheeses, spices, herbs and other ingredients indigenous to Mexican cookery. Chapter introductions and detailed anecdotes (e.g., "A Weekend and Barbecue in Oaxaca") offer engaging glimpses of local Mexican life. Recipes will beguile aficionados searching for the "real Mexican deal," with a cornucopia of earthy ingredients like calf's tongue, pig's feet, tripe "of different textures," pork lard and exotic flavors, such as machaca (dried salted beef), nopales (cactus paddles) and cuiclahoche (corn fungus). For novices, there are appealing, easy-to-make comfort foods, like Angel Hair Pasta in Tomato Broth and Chiles Con Queso (Chiles with Cheese), while seasoned cooks will appreciate challenging dishes such as Stuffed Chiles in Walnut Sauce and Turkey in Mole Poblano. Vivid prose chronicles the sojourns of Kennedy's curious palate, painting "word pictures" to describe "a Mexico of the past." Her efforts yield yet another classic, one that masterfully documents the rich diversity of Mexico's gastronomic heritage. (Sept.)

Copyright 2000 Reed Business Information, Inc.

From Library Journal

Kennedy has been writing about Mexican food for more than 30 years and is widely acknowledged as the authority on the topic. Her last book was *My Mexico* (LJ 9/15/98), a personal culinary journal through the country and its regional cuisines. Now she has gathered the recipes from her first cookbook, the groundbreaking *Cuisines of Mexico* (1972), as well its two successors, *The Tortilla Book* (1975) and *Mexican Regional Cooking* (1978), both of which are out of print, in this new collection. She's revised the recipes and simplified some, and there are also 30 or so new recipes. Kennedy's books became classics long

ago; this compilation of her early works is an essential purchase.

Copyright 2000 Reed Business Information, Inc.

Users Review

From reader reviews:

Kenneth Hand:

Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite book and reading a guide. Beside you can solve your problem; you can add your knowledge by the guide entitled The Essential Cuisines of Mexico. Try to stumble through book The Essential Cuisines of Mexico as your buddy. It means that it can be your friend when you experience alone and beside that of course make you smarter than ever. Yeah, it is very fortunate in your case. The book makes you a lot more confidence because you can know everything by the book. So , we need to make new experience as well as knowledge with this book.

Bill Underhill:

Book is usually written, printed, or created for everything. You can learn everything you want by a e-book. Book has a different type. As you may know that book is important thing to bring us around the world. Close to that you can your reading expertise was fluently. A guide The Essential Cuisines of Mexico will make you to be smarter. You can feel far more confidence if you can know about everything. But some of you think this open or reading the book make you bored. It is far from make you fun. Why they could be thought like that? Have you looking for best book or ideal book with you?

Troy Cochran:

You may spend your free time you just read this book this reserve. This The Essential Cuisines of Mexico is simple bringing you can read it in the park, in the beach, train along with soon. If you did not get much space to bring often the printed book, you can buy typically the e-book. It is make you better to read it. You can save typically the book in your smart phone. So there are a lot of benefits that you will get when you buy this book.

Marilyn Calhoun:

Don't be worry should you be afraid that this book can filled the space in your house, you can have it in e-book approach, more simple and reachable. This The Essential Cuisines of Mexico can give you a lot of good friends because by you taking a look at this one book you have point that they don't and make you more like an interesting person. That book can be one of one step for you to get success. This guide offer you information that maybe your friend doesn't know, by knowing more than different make you to be great persons. So , why hesitate? Let me have The Essential Cuisines of Mexico.

**Download and Read Online The Essential Cuisines of Mexico By
Diana Kennedy #H5AVGYRKLB4**

Read The Essential Cuisines of Mexico By Diana Kennedy for online ebook

The Essential Cuisines of Mexico By Diana Kennedy Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Essential Cuisines of Mexico By Diana Kennedy books to read online.

Online The Essential Cuisines of Mexico By Diana Kennedy ebook PDF download

The Essential Cuisines of Mexico By Diana Kennedy Doc

The Essential Cuisines of Mexico By Diana Kennedy MobiPocket

The Essential Cuisines of Mexico By Diana Kennedy EPub

H5AVGYRKL4: The Essential Cuisines of Mexico By Diana Kennedy