



Beyond Tantra: Healing Through Taoist Sacred Sex

By Mieke Wik, Stephan Wik

Download now

Read Online 

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik

Provides Westerners with a step-by-step, tastefully illustrated, practical introduction to the ancient Chinese art of sexual dual cultivation.

 [Download Beyond Tantra: Healing Through Taoist Sacred Sex ...pdf](#)

 [Read Online Beyond Tantra: Healing Through Taoist Sacred Sex ...pdf](#)

Beyond Tantra: Healing Through Taoist Sacred Sex

By Mieke Wik, Stephan Wik

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik

Provides Westerners with a step-by-step, tastefully illustrated, practical introduction to the ancient Chinese art of sexual dual cultivation.

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik Bibliography

- Sales Rank: #2605037 in Books
- Published on: 2005-10-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .54" w x 6.00" l, .56 pounds
- Binding: Paperback
- 144 pages



[Download Beyond Tantra: Healing Through Taoist Sacred Sex ...pdf](#)



[Read Online Beyond Tantra: Healing Through Taoist Sacred Sex ...pdf](#)

Download and Read Free Online Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik

Editorial Review

Review

Review in the Library Journal Amid the bewildering bounty of Tantra- and Taoist-based sex books, 'Beyond Tantra' stands out as an engagingly simple, friendly, and motivating resource for Westerners. The Wiks are a European couple who turned to Eastern spirituality to reawaken their love life and direct energy toward healing physical problems. First they explain the differences between Tantra and Taoist schools and sources, the disciplines' relationship to Western medicine, and how their own research and practice of Taoist-based "Dual Cultivation" - a couple's conscious use of sexual energy for health and spiritual development - affected their lives. The remainder of the book walks readers through a series of exercises that includes an explanation of the approach, historical references and background, personal stories from the Wiks, and a hands-on presentation of technique: goals, time needed, components/supplies, and description. Sidebars offer sample dialogs and sporadic drawings of an older couple illustrate difficult-to-describe concepts. A concluding chapter reviews related Taoist disciplines. What's not to like? An excellent "Taoist Sex 101" for wary beginners; recommended for all public libraries. - Martha Cornog, Philadelphia

About the Author

Stephan Wik is a Swedish/American musician, acupuncture student and IT professional. He has worked extensively in the field of ecological and sustainable living for the last thirty years. He and his Flemish wife Mieke, a reflexologist and Reiki master, have been married for 27 years and have four grown children. Using Taoist and Tantric Sexual healing and transformation techniques they worked together many years ago to heal Mieke from a serious illness. This encouraged them to research and practically test many of the techniques that, in the West, are now grouped under the heading 'Sacred Sexuality'.

Users Review

From reader reviews:

Lucille Roller:

Inside other case, little men and women like to read book Beyond Tantra: Healing Through Taoist Sacred Sex. You can choose the best book if you appreciate reading a book. So long as we know about how is important a new book Beyond Tantra: Healing Through Taoist Sacred Sex. You can add know-how and of course you can around the world by just a book. Absolutely right, because from book you can know everything! From your country until eventually foreign or abroad you will be known. About simple thing until wonderful thing you could know that. In this era, we can easily open a book or searching by internet unit. It is called e-book. You should use it when you feel uninterested to go to the library. Let's read.

Merry Springs:

The book Beyond Tantra: Healing Through Taoist Sacred Sex can give more knowledge and also the precise product information about everything you want. Exactly why must we leave the good thing like a book Beyond Tantra: Healing Through Taoist Sacred Sex? A number of you have a different opinion about book. But one aim which book can give many info for us. It is absolutely right. Right now, try to closer using your book. Knowledge or info that you take for that, you could give for each other; you can share all of these.

Book Beyond Tantra: Healing Through Taoist Sacred Sex has simple shape however you know: it has great and massive function for you. You can appear the enormous world by start and read a publication. So it is very wonderful.

Hazel Park:

The publication untitled Beyond Tantra: Healing Through Taoist Sacred Sex is the reserve that recommended to you to read. You can see the quality of the e-book content that will be shown to anyone. The language that article author use to explained their ideas are easily to understand. The writer was did a lot of exploration when write the book, to ensure the information that they share for your requirements is absolutely accurate. You also might get the e-book of Beyond Tantra: Healing Through Taoist Sacred Sex from the publisher to make you a lot more enjoy free time.

Lowell Decoteau:

Many people said that they feel bored when they reading a book. They are directly felt the item when they get a half elements of the book. You can choose the actual book Beyond Tantra: Healing Through Taoist Sacred Sex to make your reading is interesting. Your own personal skill of reading proficiency is developing when you such as reading. Try to choose easy book to make you enjoy to see it and mingle the impression about book and studying especially. It is to be very first opinion for you to like to open up a book and examine it. Beside that the book Beyond Tantra: Healing Through Taoist Sacred Sex can to be your brand-new friend when you're sense alone and confuse using what must you're doing of the time.

Download and Read Online Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik #O5KW6H79XLF

Read Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik for online ebook

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik books to read online.

Online Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik ebook PDF download

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik Doc

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik MobiPocket

Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik EPub

05KW6H79XLF: Beyond Tantra: Healing Through Taoist Sacred Sex By Mieke Wik, Stephan Wik