



When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal

By Susan Forward, Donna Frazier

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Have you ever been lied to by a lover? In this straightforward and supportive book, therapist Susan Forward profiles the wide variety of liars, shows you how to deal with the lies -- from the benign to the lethal -- that these men spin, and gives practical strategies to stop them before they ruin your relationship and, ultimately, your life.

Once you find out the truth about your lover and his lies, what do you do? Forward offers practical, proven, step-by-step methods for healing the wounds caused by his deception and betrayal. She provides all the communication and behavioral techniques you need to deal with a lover's lies, telling you exactly what to say, when and how to respond to his reactions, and how to present your requirements for staying in the relationship. With understanding and compassion, she helps you decide whether your relationship can be saved and shows you how to move beyond doubt and regret if you feel that it can't. But whether you stay or go, you can learn to love and trust again.

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Editorial Review

From Publishers Weekly

Forward has written several self-help classics about lousy, damaging relationships (Emotional Blackmail; Men Who Hate Women and the Women Who Love Them). Once again, she combines gentle empathy with no-nonsense advice as she examines men who lie to women and what women can do about it. Her goal, she writes, addressing women who have been lied to, is to "transform the wounds of betrayal and deception into the wisdom that will illuminate your path." From sexual infidelity to financial disaster, hidden addictions to secret ex-wives, Forward focuses on the serious lies that "involve an intent to deceive" and always "harm us and our relationships." She explains men's various motives, beliefs and behavior patterns, as well as women's frequent denial, "collusion" and acceptance of blame. Forward clearly describes the kind of liar she calls "the sociopath" and sternly warns women to steer clear of the beast and, if already involved with one, to "leave immediately." She then moves on to specific steps for confronting the (non-sociopathic) liar with the reality of his behavior and advises women how to set conditions for continuing the relationship and how to get support from friends, family and professional counselors. Buttressing her advice with examples from her practice, Forward offers some straight talk to women who may have forgotten what candor sounds like.

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From Library Journal

Has the man in your life betrayed your confidence and trust? If yes, this powerful new audio will provide invaluable advice. Forward (Betrayal of Innocence, Audio Reviews, LJ 5/15/92), an internationally acclaimed therapist with over 20 years in private practice, shows how to maneuver through the tangled web of lying in love relationships. She profiles the wide variety of liars, tells how to deal with the lies, and helps develop practical strategies to stop them before they destroy your relationship and your life. The author offers proven step-by-step methods for healing the wounds caused by deception and betrayal and also lights the path to rebuilding confidence and self-respect in both you and your partner. Recommended. AMarty D. Evensvold, Magnolia P.L., TX

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Review

"Susan Forward's wisdom and compassion shines through in this excellent guide for women about a potentially devastating experience in their lives. Fascinating reading!" -- Susan Jeffers, Ph.D., author of "Feel the Fear and Do It Anyway" and "End the Struggle and Dance with Life" "Susan Forward does it again with this powerful book that will go a long way toward helping women regain their balance and self-esteem in the aftermath of betrayal." -- June M. Reinisch, Ph.D., director emeritus, the Kinsey Institute, author of "The Kinsey Institute New Report on Sex" "Lying is a surefire way to demolish self-esteem and destroy relationships. This very useful guide shows us how to detect lies in those we love, confront the liar, and work through the betrayal so we emerge stronger and wiser." -- Ellen McGrath, Ph.D., chair, American Psychological Association, National Task Force on Women and Depression "In this landmark book, Forward describes how lying and betrayal take place in loving relationships. In this practical guide, filled with helpful clinical anecdotes, she shows how people can move to new dimensions of love and healing. A must read!" -- Rabbi Levi Meier, Ph.D., chaplain, Cedars-Sinai Medical Center, clinical psychologist, author of "Moses, the Prince of Egypt: His Life, Legend & Message for Our Lives" "Betrayal goes way beyond sexual affairs to include a host of lies and secrets. When Your Lover Is a Liar is an outstanding guide for helping women reduce the trauma of such interpersonal violations, choose a direction, and rebuild their sense of self." -- Janis Abrahms Spring, Ph.D., author of "After the Affair"

Users Review

From reader reviews:

Michael Bennett:

Do you have favorite book? In case you have, what is your favorite's book? Guide is very important thing for us to learn everything in the world. Each reserve has different aim or goal; it means that guide has different type. Some people really feel enjoy to spend their a chance to read a book. They are reading whatever they consider because their hobby will be reading a book. Think about the person who don't like looking at a book? Sometime, person feel need book once they found difficult problem or perhaps exercise. Well, probably you should have this When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal.

Vickie Miller:

As people who live in the modest era should be change about what going on or facts even knowledge to make all of them keep up with the era that is always change and advance. Some of you maybe can update themselves by studying books. It is a good choice in your case but the problems coming to anyone is you don't know what one you should start with. This When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal is our recommendation so you keep up with the world. Why, because book serves what you want and want in this era.

Richard Ault:

Hey guys, do you wishes to finds a new book to read? May be the book with the subject When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal suitable to you? The actual book was written by renowned writer in this era. Typically the book untitled When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal is the one of several books which everyone read now. This kind of book was inspired a lot of people in the world. When you read this guide you will enter the new way of measuring that you ever know ahead of. The author explained their plan in the simple way, therefore all of people can easily to recognise the core of this book. This book will give you a lots of information about this world now. So that you can see the represented of the world on this book.

Anita Sizemore:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them family or their friend. Are you aware? Many a lot of people spent these people free time just watching TV, or even playing video games all day long. In order to try to find a new activity that is look different you can read the book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book When Your Lover Is a Liar: Healing the Wounds of Deception and Betrayal it is rather good to read. There are a lot of folks that recommended this book. They were enjoying reading this book. In the event you did not have enough space to create this book you can buy the e-book. You can more easily to read this book from a smart phone. The price is not too expensive but this book possesses high quality.

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