



The Write-Brain Workbook: 366 Exercises to Liberate Your Writing

By Bonnie Neubauer

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Never face a blank page again!

With unique daily prompts and stimulating pages, you'll be able to easily incorporate writing into your life, and you'll never have to face another wordless day. *The Write-Brain Workbook* is the first of its kind—an easy, fun, and playful way to exercise your creative writing muscles each day.

- Eliminate the dreaded emptiness of the blank page
- Write without the pressure of preconceived expectations
- Learn about your own unique writing process
- Build the momentum of a quick daily writing practice
- Unlock writer's block
- Apply the breakthroughs from daily practice to your "real" writing
- Expand how you see yourself as a writer
- Experiment with different ways to approach writing
- Affirm your commitment to being a writer

The Write-Brain Workbook is bursting with 366 innovative exercises that let you experiment and play with words and styles. Whether you love the pure joy of writing, are just getting started, or are trying to get past a particular writing block... this is the book you've been waiting for!

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Bonnie Neubauer is known for her high-energy workshops that are packed full of inventive gamelike exercises.

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