



# The Art of Manliness: Classic Skills and Manners for the Modern Man

By Brett McKay, Kate McKay

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**The Art of Manliness: Classic Skills and Manners for the Modern Man** By Brett McKay, Kate McKay

Man Up!

While it's definitely more than just monster trucks, grilling and six-pack abs, true manliness is hard to define. The words macho and manly are not synonymous.

Taking lessons from classic gentlemen such as Benjamin Franklin and Theodore Roosevelt, authors **Brett** and **Kate McKay** have created a collection of the most useful advice every man needs to know to live life to its full potential.

This book contains a wealth of information that ranges from survival skills to social skills to advice on how to improve your character. Whether you are braving the wilds with your friends, courting your girlfriend or raising a family, inside you'll find practical information and inspiration for every area of life. You'll learn the basics all modern men should know, including how to:

- Shave like your grandpa
- Be a perfect houseguest
- Fight like a gentleman using the art of bartitsu
- Help a friend with a problem
- Give a man hug
- Perform a fireman's carry
- Ask for a woman's hand in marriage
- Raise resilient kids
- Predict the weather like a frontiersman
- Start a fire without matches
- Give a dynamic speech
- Live a well-balanced life

So jump in today and gain the skills and knowledge you need to be a real man in the 21st century.

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**Bibliography**

- Sales Rank: #8403 in Books
- Brand: HOW Design
- Published on: 2009-10-15
- Released on: 2009-10-15
- Original language: English
- Number of items: 1

- Dimensions: 9.00" h x .90" w x 6.00" l, .84 pounds
- Binding: Paperback
- 288 pages

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### Editorial Review

Review

"YES!!

When I started reading the story, I admit I was skeptical. I thought it was just another chest-thumping by a Neanderthal, but I was wrong!!! Brett and Kate's answers were right on. I've been waiting for 20 years for men to start being men again. Make no mistake, equality is important to me, but I love it when a man can change a tire for me or remembers that I am a woman to be cherished and protected. Sure I can paint a room or do minor repairs around the house and I do, but once in a while, I love having a guy do it for me. Besides, this couple shows that you can be a man without being a jerk." -- MDAA, Toronto Star.com comment, 27 October 2009

About the Author

**Brett McKay** is a man. **Kate McKay** loves manly men. Together this husband and wife team reside in Tulsa, Oklahoma, and run the [ArtofManliness.com](http://ArtofManliness.com), the manliest website on the Internet.

### Users Review

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**Pearl Norris:**

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