



Matrix Energetics: The Science and Art of Transformation

By Richard Bartlett

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Now available in paperback, this paradigm-busting program can teach anyone how to access their own creative power to heal and transform their lives.

In 1997, Dr. Richard Bartlett experienced a life-altering event that redirected the entire course of his personal and professional existence. Suddenly, by lightly touching others with focused intent, he could make pain instantly disappear—and, most astonishing of all, he could teach anyone how to do it. Now, for the millions of Americans looking for empowerment in an age of declining healthcare, Dr. Bartlett shares this scientific phenomenon in a book of explosive potential.

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Editorial Review

Review

"*Matrix Energetics* applies the principles of quantum physics as a unique and effective approach to healing. This is the essence of energy medicine." -- C. Norman Shealy, M.D., Ph.D., president of Holos University Graduate Seminary, founding president of the American Holistic Medical Association, and author of *Life Beyond 100*

"Richard Bartlett is an invaluable gift to this world. He is one of the few people on the planet who are breaking the boundaries of what we have imagined to be possible for humankind." -- Rhonda Byrne, executive producer of *The Secret*

"*Matrix Energetics* does more than just take you past the cutting edge -- it launches readers through a new set of beliefs about what constitutes health and what is possible for us to affect immediately. I have been in the business of personal transformation for many years and can assure you that reading this book will open all your senses to more of what you are truly capable of." -- John J. La Valle, M.B.A., NLP Master Trainer and co-author of *Persuasion Engineering*™

"*Matrix Energetics* is powerful, versatile, easy to learn, and simple to use. It is not limited to any one form of healing. For over fourteen years, I have witnessed physical, emotional, and disease reversals, including terminal cases. Dr. Bartlett's methods are among the most exceptional of the healing modalities that I have studied. This book will be of long-term value to all who read it." -- Christopher Hegarty, Ph.D., alternative health researcher/journalist and former editor for *Alternative Medicine Magazine*

About the Author

Richard Bartlett, D.C., N.D. graduated from Parker Chiropractic College in 1987. In 1996 he returned to medical school to complete his degree in Naturopathic medicine at Bastyr University, graduating in 2000. He lives in Seattle, Washington, and is constantly traveling, speaking, and working with clients around the world.

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The Birth of Matrix Energetics

The little girl was three years old. She arrived with her mother at my chiropractic office at 6 pm, the last patient of a very exhausting day. I had driven four hours to get to my office in Livingston, Montana, that morning. The night before, I had stopped to sleep at a motel in Missoula, Montana, too exhausted to complete the drive from Seattle. I was enrolled in Bastyr Naturopathic University, taking a course load of thirty-one credits a semester in order to earn my degree in Naturopathy. Even with my heavy academic schedule, I still had to put food on the table for my family. I had not yet passed the Washington State Chiropractic board exam, which necessitated the bimonthly trek to Montana where my chiropractic practice was still flourishing, in spite of my very part-time schedule there.

Notwithstanding the title of "chiropractor," I had somewhat of a reputation in my local community for being this strange guy who practiced weird medicine. I was accustomed to unusual cases arriving at my doorstep. In this instance, the mother told me that her little girl had gone to the neurologist and had been diagnosed with a lazy eye. The doctor told her that there wasn't any treatment or surgery that he would recommend. If she wore an eye patch, maybe she would outgrow it by the time she was a teenager. The mother looked at me and said, "Well, that's not good enough for me. What do you think?"

I went into a deep trance, no doubt induced by sleep deprivation, and started babbling about a television episode of Superman that I saw in the 1950s. In this particular show, a little blind girl wins an essay contest sponsored by the *Daily Planet*. The prize is a trip around the world with Superman. When Clark, Lois, and Jimmy go to her New York apartment to meet her, Clark is stunned to find out that she's blind. Perplexed by this strange turn of events he asks, "Sweetheart, why would you want to fly around the world with Superman?" The child replies matter-of-factly, "Superman doesn't really exist, but I want the *Daily Planet* to fly Mommy around the world so she can find my Daddy."

In this episode, the girl's father Dan had been out for a nice weekend drive with his young family and had a terrible accident while swerving to avoid a pedestrian. The family car had run headlong into a corner lamp post, shattering the car's windshield and showering the occupants with shards of broken glass.

It was not immediately apparent after the accident that their young daughter could not see. She was an infant, so it was difficult to tell at first. The specialist they took her to confirmed the awful truth; she was totally blind. When asked what their options were, the doctor replied sadly that there was nothing he could do. In an effort to comfort the distraught parents, the doctor wistfully explained that sometimes blindness just goes away after a spell, but that they should not get their hopes up too high.

The family struggled to stay together in spite of the terrible stress and guilt the father had been experiencing ever since the incident. After many months of living with a crippling case of guilt, the man could bear it no longer. Every time he looked into his wife's eyes he saw accusation in her gaze. Unable to look at his daughter any longer, he left one night and never returned home. A friend, when queried, reported hearing Dan say that he was going to join the Foreign Legion or something.

Saddened to tears by this tragic story, Clark decides that there must be something he can do. What good is it to have super powers if you just have to stand by helplessly? He realizes that if he is going to do anything in this situation, he must start by convincing the little girl that he is indeed Superman. Spying an iron poker leaning against the fireplace, he walks over and brings it back to where she is quietly sitting. With gentle resolve he holds the iron implement out for her to feel, then gently places the rod behind her, and bends it slowly into a ring that encompasses her frail neck. Stunned, she whispers, "You *really* are Superman. No one else could do that!"

With a sad smile Superman replies, "Yes, I am, honey," and kneels down to gently reshape the steel poker into its original form.

As he kneels in front of her he notices with his X-ray vision that there is a little piece of glass in her eye, lodged near the optic nerve; perhaps that could be the cause of her blindness. Later that day Superman talks to a surgeon, who agrees to perform exploratory surgery (this is before lawyers, of course) in an attempt to restore the child's sight, assisted in the procedure by Superman's X-ray vision.

The little girl regains her sight and flies around the world with Superman. When they fly back through the window of her New York apartment, Mom and Dad are there holding hands like young lovers. (Superman has already found Dad and brought them together with the hope that they will reconcile if given a little interval of time.) Sigh. Another half hour of fantasy with the requisite happy ending.

As I finished telling the story, coming out of my sleep-deprived haze, I turned to the mother and said, "I have no idea why I just told you that." As I gazed at her, I noticed that standing to her right was none other than George Reeves as Superman! "I must be delusional," I thought, but there he was, a three-dimensional hologram, his red cape flapping in a non-existent breeze. I could have reached out and touched him. A beam of light traveled from his eyes to the little girl sitting on my exam table. With my inner sight, assisted by Superman, I saw a dark blockage of energy deep within the area of the brain that houses the connections for the optic nerve.

I've been used to strange things happening in my practice. In fact, I have come to rely upon incidences of intuition, "magic," or the seemingly miraculous to occur. But this was a little over the top, even for me! In my vision I saw a yellow ray streaming forth from Superman's eyes. Yes, I know X-rays can't be seen by the naked eye, but I had to be able to see the energy in order to know that something was happening. I decided that whether this was a powerful hallucination, a messenger, or something from *The X-Files*, it was obviously important. I resolved to pay close attention and do whatever seemed to be the most likely course of action.

I slowly realized that there was no way to reach the blockage. I couldn't get to it, and I doubted that the girl's mother would let me drill. I briefly considered using an intra-oral cranial technique, where you put your hand in the mouth and lift up on the plates of the skull to move it in that direction. That might have worked except that she was a three-year-old. I knew from a painful experience with my own son that if you stick your hand in a child's mouth it can scare them, and in response they tend to bite.

As I checked my conceptual bag of doctor's skills, I discerned no likely alternative. Maybe I was crazy, but I decided to go with the game plan of the big guy in blue with the red cape. I am a bit of a pragmatist, and weird or not, if an event like this occurs I know there is a good reason for it. I usually just go with my gut instinct, which in this case was fairly screaming at me to pay close attention and try something new.

I placed my right hand with index finger extended on the little girl's brow, right at the location where Superman's laser beam eyes were directing me. Suddenly, a beam of energy shot out of my hand, penetrated into her skull, and flashed into the area where I had intuitively noted the energy blockage. The blockage dissolved instantly! I could see this surging energy streak all the way across the terrain of her temporal lobes, into the occipital region of her brain. It then flowed down the neurological pathways involved with the processing of visual information.

Having completed its journey, this mysterious energy turned and shot back the way it had just traveled, coming to rest at the optic chiasm where the visual pathways from the eyes intersect. The child's eyes appeared to glitter and sparkle, and a moment later she proclaimed, "There are two of you!" Acting on a clinical hunch, I performed a visual test called "accommodation," and confirmed what I had suspected; she was seeing normally for the first time. All evidence of the "lazy eye" had vanished. As strange as this tale may sound, this marked the birth of what later came to be called Matrix Energetics.

An Answer to a Prayer

Just because the energy I call Matrix Energetics discovered me, or I appear to be the one who made it up, this doesn't in any way suggest that this ability wasn't in the universe long before my experience in 1997. Countless energetic forces pass through our bodies and energy fields at every moment of our lives. We may not have developed the sensory acuity necessary to detect them with our physical senses, but that doesn't mean they are not there.

At this very moment, how many frequencies or bandwidths are passing right through our bodies? Think about it. There are radio broadcasts, TV programs, cell phone conversations, and microwave transmissions

all around us, to name just a few. Information, in the form of frequencies and waves, continually inundates us. In order to pick up this information, all we need is a receiver apparatus and an antenna. There is evidence to suggest that the unconscious mind serves as the receiver and our electromagnetic field functions as the antenna. Our need or desire acts as a force of attraction, which programs our awareness to seek out experiences or information. That's one reason I think the experience of what I have chosen to call Matrix Energetics happened to me. I had a desperate need and a burning desire, and I called out to the heavens for assistance. Something heard and responded in a way I never could have imagined.

What I had been doing in my chiropractic practice at the time was no longer working very well for me. My hands had been mysteriously cramping, to the point where my fingernails someti...

Users Review

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Carlos Vickers:

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