



## Hydrotherapy: Principles and Practice, 1e

By Margaret Reid Campion GradDipPhty(UK) FCSP

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GradDipPhty(UK) FCSP

Internationally known as a leader and innovator in hydrotherapy, Margaret Reid Campion has long been associated with the Halliwick approach to exercise techniques in water. This book combines her previous works on paediatric and adult hydrotherapy: the valuable rehabilitative and recreational ideas for children in water are linked with constructive and sensible guidelines for both traditional and original prescriptions for the rehabilitation of adults.

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### **Bibliography**

- Sales Rank: #2806887 in Books
- Brand: Brand: Butterworth-Heinemann
- Published on: 1997-02-12
- Original language: English
- Number of items: 1
- Dimensions: 9.69" h x .73" w x 7.44" l, 1.50 pounds
- Binding: Paperback
- 354 pages

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## **Editorial Review**

### **Review**

'This is a definitive and practical account of both paediatric and adult hydrotherapy ...'

Overall this is an excellent textbook, and I would not hesitate to recommend it to anyone working in a hydrotherapy pool, as it enhances existing knowledge and inspires one to try new ideas.

'this text provides an excellent reference for principles and practice of hydrotherapy ...It would be especially useful to those starting up a hydrotherapy service or to any physiotherapist who sees a variety of clientele.'

Australian Physiotherapy

Journal of Association of Chartered Physiotherapists

### **From the Publisher**

In this contemporary and completely revised edition an impressive range of contributors have been gathered together to produce a definitive but practical text. Throughout the awareness of the value of the principles and practice of the Halliwick Method are linked to managing hydrotherapy treatments. The chapter The Halliwick Method and Conductive Education acts as a bridge between child and adult hydrotherapy. 1. Principles - the effects of activity in water, essential features of up-to-date pool design, basic physics, and assessment and recording. 2. Practice of pediatric hydrotherapy - an authoritative and comprehensive guide with valuable instructions and ideas for the rehabilitation and recreation of children in water. 3. Practice of adult hydrotherapy - a fundamental guide to aid a variety of conditions including neurosurgical and head injuries, spinal cord injuries, sports injuries, and rheumatic diseases; recent developments in spinal mobilization are introduced and the use of Watsu in rheumatic disorders is indicated. 4. Health promotion - outlining hydrotherapy in the child-bearing year, aqua-relaxation for mothers and babies, and water fitness for the older child. Essential reading for physiotherapy students at all levels Hydrotherapy: principles and practice will be invaluable as the basic hydrotherapy text.

## **Users Review**

### **From reader reviews:**

#### **Bessie Morris:**

This Hydrotherapy: Principles and Practice, 1e book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is definitely information inside this book incredible fresh, you will get details which is getting deeper you read a lot of information you will get. This particular Hydrotherapy: Principles and Practice, 1e without we understand teach the one who reading it become critical in considering and analyzing. Don't end up being worry Hydrotherapy: Principles and Practice, 1e can bring whenever you are and not make your case space or bookshelves' turn into full because you can have it in the lovely laptop even telephone. This Hydrotherapy: Principles and Practice, 1e having very good arrangement in word and also layout, so you will not truly feel uninterested in reading.

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