



# Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series)

By Shannon Ethridge, Stephen Arterburn

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## Guys Aren't the Only Ones Fighting a Battle for Purity

The world you live in promotes sex as the answer to just about everything. The pressure to go along with the crowd is greater than ever before, and it's easy to compromise in little ways that are a lot more harmful than they seem. You and your friends may become caught up in destructive relationships or sexual activities without even knowing how you got there. You just want to be normal—to fit in, to be liked, to look attractive to the opposite sex. But are you paying too high a price?

This counterpart to the award-winning *Every Young Man's Battle* can help you:

- learn how the sexual battle begins in your heart and mind
- understand your hunger for attention from guys
- recognize and avoid the potential pitfalls awaiting young women on the journey toward adulthood and possibly marriage
- find out how the media, novels, fashion, internet chat rooms, and body and beauty obsessions influence your sexual choices—and what you can do about it
- guard your mind, heart, and body against sexual and emotional compromise
- develop a deeper, more satisfying level of intimacy with God

Whether you have so far protected yourself emotionally and sexually, feel that you've been robbed of your purity, or have given in to temptation in some way, this book can help you achieve or reclaim sexual integrity. It can also guide you through the temptations and pressures of young adulthood while demonstrating how you can live your life to the fullest—without regrets.

**Includes a comprehensive workbook for individual or group study.**

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## **Editorial Review**

### **Review**

“I’m so grateful that Shannon decided to be as honest and real as she is—that’s the only way this book could be as powerful as it is.... God is going to heal in unbelievable ways through this potent work of art and heart!... I can honestly say that this book has changed me—because it gives a clear picture of who Jesus is, who we are as His bride, and why we can’t seem to be satisfied with anything or anyone else.”

***—Bethany Dillon, songwriter and recording artist***

“Like a steady IV drip, today’s teenage girls get a message of confused and cheapened sexuality. They are desperate for reasons to guard and preserve themselves. Shannon Ethridge gives girls reasons in this relevant and readable book. Every young woman and every young woman’s mother needs to read this book!”

***—Sharon Hersh, author of “Mom, I Feel Fat!” and “Mom, I Hate My Life!”***

“A must-read for every teenage girl! Honest and informative, this book is not only highly readable with its true-to-life illustrations, but it’s packed with answers for every sexual situation today’s teens encounter. What a great antidote for the twisted sexual messages our pop-culture continues to dish out. Way to go, Shannon!”

***—Melody Carlson, author of Diary of a Teenage Girl series and Torch Red, Color Me Torn***

“Shannon writes with a direct, forthright style, yet she remains tactful and kind as she presents her balanced, godly teaching on dating and relationships. Without question, this is a must-read for any young woman who longs to remain pure in her relationship with God, and I suspect this book will very quickly become a staple of small-group studies.”

***—Fred Stoeker, coauthor of Every Young Man’s Battle***

“This book should be required reading for any teenage girl who has been exposed to the negative influences of the culture through media, music, movies, and fashion magazines. As someone who is in the trenches of ministry to teen girls, I appreciate Shannon’s candid approach and her willingness to tackle some difficult topics facing our young women. She does a beautiful job of exposing the godless issues of the culture, while at the same time, offering godly solutions.”

***—Vicki Courtney, founder of Virtuous Reality Ministries and author of Your Girl: Raising A Godly Daughter in an Ungodly World***

“This book is awesome! I will be buying it and reading it with teens that I mentor. I wish it had been available to me when I was a teen.”

***—Adrienne Freas, homemaker and Campus Crusade for Christ staff member***

### **From the Inside Flap**

Guys Aren’t the Only Ones Fighting a Battle for Purity.

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#### About the Author

**Shannon Ethridge** is a million-copy best-selling author and international conference speaker. Since 1989 she has counseled thousands of students, women, and married couples on sexual integrity and intimacy, and has been a frequent speaker in church and college settings.

**Stephen Arterburn** is founder and chairman of New Life Clinics, host of the daily *New Life Live!* national radio program, creator of the Women of Faith Conferences, a nationally known speaker, and the best-selling author of more than two dozen books, including the award-winning *Every Young Man's Battle* with coauthor Fred Stoeker.

## Users Review

### From reader reviews:

#### James Lapham:

The book Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series) give you a sense of feeling enjoy for your spare time. You may use to make your capable far more increase. Book can being your best friend when you getting pressure or having big problem with your subject. If you can make looking at a book Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series) to become your habit, you can get much more advantages, like add your personal capable, increase your knowledge about some or all subjects. You are able to know everything if you like wide open and read a reserve Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series). Kinds of book are a lot of. It means that, science guide or encyclopedia or other people. So , how do you think about this publication?

#### Vincent Overly:

Nowadays reading books become more than want or need but also be a life style. This reading habit give you lot of advantages. The benefits you got of course the knowledge your information inside the book that

improve your knowledge and information. The info you get based on what kind of publication you read, if you want attract knowledge just go with education books but if you want sense happy read one with theme for entertaining such as comic or novel. Typically the Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series) is kind of e-book which is giving the reader unforeseen experience.

**Leslie Martin:**

Is it you who having spare time then spend it whole day by watching television programs or just telling lies on the bed? Do you need something totally new? This Every Young Woman's Battle: Guarding Your Mind, Heart, and Body in a Sex-Saturated World (The Every Man Series) can be the respond to, oh how comes? It's a book you know. You are and so out of date, spending your free time by reading in this completely new era is common not a nerd activity. So what these publications have than the others?

**Teresa White:**

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