



The True Power of Water: Healing and Discovering Ourselves

By Masaru Emoto

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Internationally known researcher Dr. Masaru Emoto challenged prevailing ideas of illness with his previous book *The Hidden Messages in Water*, which demonstrated that molecules of water are affected by thoughts, words, and feelings, and that water contains extraordinary therapeutic powers unrecognized by Western medicine. In this follow-up, he takes that research one step further by exploring the healing power of water - for example, the curative capabilities of water, the capability of prayer to change water, the response of water to music, and how an individual can promote the purity of rainwater. He explores the limitations of Western medicine and explains how many conditions that are thought of as hereditary may not necessarily be so. Written for a wide range of audiences, from cultural creatives to advocates for natural living, *The True Power of Water* shows how this most basic liquid that is called the foundation of life also holds the key to sustained good health and well-being.

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Editorial Review

Amazon.com Review

This follow up to Dr. Emoto's international bestseller *The Hidden Messages in Water* is the result of his latest scientific research into the healing properties of water. Building upon his previous work, which proved that water and water molecules are affected by our thoughts, words, and emotions, in *The True Power of Water*, Dr. Emoto makes the case that water literally holds the key to good health and shows how we can interact with it with our thoughts, intentions, and prayer to reverse illness.

Accompanied by numerous compelling photographs showing that water crystals are transformed according to the positive and negative thoughts they are exposed to, this book provides practical steps that anyone can use to improve their own well-being by learning how to consciously interact with water, the primary component of our bodies. Also discussed is Dr. Emoto's research into the effects of prayer to purify rain water, helping to bring healing to the earth, as well as the mechanistic limitations of Western medicine and its understanding of both healing and disease. No one who reads Dr. Emoto's works will ever take water for granted again.

Review

"This powerful book confirms our deep and lasting connection to water—our most precious resource. Masaru Emoto's research gives us an understanding of how we can better relate to water in our daily lives, and offers hope for the health of the world's water in years to come."

—John Gray, PhD, author of *Men Are from Mars, Women Are from Venus*

"The pictures found in all of Masaru Emoto's books show clearly that the water which makes up so much of our physical body, and the water which makes up this planet, can be healed and transformed through our own intentions to grow in love and gratitude. As a practitioner of the art of prayer and healing, I highly recommend this book. The time for this work is now."

—Ron Roth, author of *Prayer and the Five Stages of Healing*

"Destined to become a classic...a beautiful book written by a very old and beautiful soul...Masaru Emoto writes of the great universal truth. Energy is best transmitted through water as 70% of the human body is made of water. Through our interaction with water we can send ripples of love and gratitude, the most powerful of all emotions, to every person on the planet."

—Kiril Sokoloff, founder, 13D Research Inc. and Healthsearches.org

About the Author

Masaru Emoto is an internationally renowned Japanese researcher who has gained worldwide acclaim. Emoto is a graduate of the Yokohama Municipal University's department of humanities and sciences with a focus on International Relations, and he received certification as a Doctor of Alternative Medicine from the Open International University.

Emoto's research has visually captured the structure of water at the moment of freezing, and through high-speed photography he has shown the direct consequences of destructive thoughts and the thoughts of love and appreciation of the formation of water crystals. The revelation that our thoughts can influence water has profound implications for our health and the well-being of the planet.

Masaru Emoto has written many books, including the *New York Times* bestselling *The Hidden Messages in Water*, and his books have been published in twenty-four languages.

Users Review

From reader reviews:

Shannon Harvey:

As people who live in the particular modest era should be up-date about what going on or details even knowledge to make these keep up with the era and that is always change and move ahead. Some of you maybe will certainly update themselves by reading through books. It is a good choice to suit your needs but the problems coming to a person is you don't know what type you should start with. This *The True Power of Water: Healing and Discovering Ourselves* is our recommendation to help you keep up with the world. Why, because book serves what you want and want in this era.

Raymond McMillion:

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