



No Acting Please

By Eric Morris, Joan Hotchkis

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Co-authored by Joan Hotchkis, this is Eric Morris's first book. The emphasis here is on first establishing a being state, eliminating the obstacles--such as tension, the actor's archenemy--and elevating the actor's awareness. As the title indicates, many of the techniques herein address the actor's need to avoid falling into the traps of concept and presentational acting. There is a complete chapter on sense memory--what it is, and how to practice it and apply it as an acting tool. There are over one hundred exercises, techniques and approaches for the actor to use in order to unblock his instrument, with various sections from Joan's personal journals.

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Editorial Review

Review

"When I read No Acting Please, it put it all together for me." -- Johnny Depp

"If you want to be still and full, Eric teaches the stuff." -- Jack Nicholson

About the Author

Eric Morris, one of the most sought-after acting coaches in the country, has been teaching acting for 50 years. Also an actor, he has played more than a hundred roles on stage, on television and in films. His theater and home are in Los Angeles.

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