



Foil Fencing: The Techniques and Tactics of Modern Foil Fencing

By John Smith

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The definitive guide to this increasingly popular sport. In this comprehensive guide to the practice and techniques of fencing, John 'Jes' Smith, one of Britain's foremost fencing masters, provides an essential reference work for newcomers to this fascinating sport. Informative and practical, Foil Fencing covers both basic and more advanced techniques, and offers expert advice on how to get the most out of your fencing training.

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