



# The Secret Code of Success: 7 Hidden Steps to More Wealth and Happiness

By Noah St. John

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By Noah St. John

Americans spend more than \$11 billion a year on self-help products—everything from books to diet pills to career coaches to seminars. So why—with all this time, money, and energy being spent—are so few people living the life they really want? Why are millions of smart, talented, motivated people still going through life with one foot on the brake?

Here's the real Secret: *You don't need any more how-to-succeed information to reach your full potential.*

The problem isn't lack of motivation or lack of information. The real problem is that most people focus on the "how-to" aspects of success taught by traditional self-help programs, without coming to terms with what productivity expert Noah St. John calls your "head trash"—the subconscious, emotional roadblocks that prevent people from acting on their real hopes, dreams, and ambitions. In this groundbreaking book, based on work with thousands of clients around the world, Noah St. John has created a remarkable, step-by-step approach that helps you achieve long-term happiness, success, and wealth. In *The Secret Code of Success*, you will learn how to:

- Eliminate the causes of self-sabotage and fear of success
- Allow yourself to make more money
- Remove stress while dramatically increasing personal productivity
- Improve relationships with coworkers, family, and friends
- Experience enhanced feelings of happiness, connection, and love

The Secret Code of Success shows that, when it comes to success, the conscious mind is exactly the wrong place to start. It's only when we first conquer the self-sabotage of our subconscious (which accounts for 90 percent of our behavior) that we can truly begin to enjoy a life filled with success. This insight is at the core of *The Secret Code of Success* and leads to Noah's revolutionary 7-step method for eliminating these psychological obstacles. True financial freedom and personal success is possible at last!

*The Secret Code of Success shows you how to get your foot off the brake and start living the life you deserve.*

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### Bibliography

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### Editorial Review

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St. John, author and entrepreneur, offers a blueprint for readers to become happily successful in their lives, their careers, and their relationships. We learn that the subconscious (hidden) mind makes up 90 percent of total brain function, and fear of accomplishment resides in our subconscious; people are often their own worst enemies on the road to success. The author's seven steps are asking empowering questions that change subconscious thought patterns from negative to positive; needing others' unconditional support; using necessary support systems such as introspection and simplifying your life; taking a break from the familiar goal-related activities; stopping the attempt to protect, punish, or please others; saying no when you mean no; and finding your purpose or mission and start living it. The author recommends first thoroughly learning the seven steps, embracing them with practice, and then teaching them to others. Although motivation is personal, and there are many different approaches in the marketplace, St. John's thoughtful advice and techniques could be very helpful to many library patrons. --Mary Whaley

#### Review

"You'll never get your foot off the brake and find the success you dream of until you take Noah's advice to heart!"

#### Review

You'll never get your foot off the brake and achieve the success you desire unless you take Noah's advice to heart.

### Users Review

#### From reader reviews:

##### Jaclyn Warner:

Nowadays reading books be a little more than want or need but also become a life style. This reading practice give you lot of advantages. Associate programs you got of course the knowledge the actual information inside the book that will improve your knowledge and information. The information you get based on what kind of reserve you read, if you want drive more knowledge just go with knowledge books but if you want really feel happy read one along with theme for entertaining including comic or novel. The actual The Secret Code of Success: 7 Hidden Steps to More Wealth and Happiness is kind of e-book which is giving the reader erratic experience.

##### Earline Shepler:

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**Tara Scribner:**

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**Adelina Thompson:**

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