



Clinical Manual of Geriatric Psychiatry

By Mugdha E. Thakur MD, Dan G. Blazer MD PhD, David C. Steffens MD MHS

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Clinical Manual of Geriatric Psychiatry is a concise reference that contains the most current information on psychiatric diagnoses seen in older patients, from delirium and dementia to schizophrenia and sleep disorders. The authors present clinically relevant information and evidence-based treatments for a wide range of disorders, as well as cover the psychiatric interview of older adults, psychopharmacology, psychotherapy, and clinical psychiatry in the nursing home, providing a complete and well-rounded reference for the field. Each chapter is broken into specific, easily digestible sections, replete with tables, and includes references and suggested readings. Written by experts in geriatric psychiatry, this clinical manual provides a much-needed field guide for the care of older adults and nursing home patients. Busy clinicians, as well as researchers, residents, fellows, clinical psychologists, and social workers, will find this compact volume to be of the utmost value, as will anyone seeking to update their knowledge of geriatric psychiatry.

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Editorial Review

Review

This is a superb, clinically relevant, clear, and useful guide to the psychiatric care of the older patient. Its scope is comprehensive, addressing both assessment and evidence based interventions. It will be useful both to specialists in geriatric mental health, but even more importantly, to general mental health clinicians across disciplines (physicians, social workers, nurses, rehabilitation specialists, and pharmacists) and general medical clinicians who do the bulk of clinical work with older adults living with mental disorders. I would also recommend its use by family members desiring a greater understanding of the disorders that burden their loved ones, in order to make them better partners of the clinicians with whom they are working. Colleagues in the legal profession will also find the book illuminating, given the relevance of late life mental disorders to issues of competence for medical decision making and financial planning. All of us owe the authors a debt of gratitude for their ongoing efforts to bridge science and service. --Charles F. Reynolds III, M.D., UPMC Endowed Professor in Geriatric Psychiatry, University of Pittsburgh School of Medicine

The Clinical Manual of Geriatric Psychiatry was clearly written with the busy clinician in mind. It delivers the key elements of etiology, assessment and management of the older patient in a focused manner, yet also provides extensive referencing for the reader interested in pursuing the latest literature. This edition will be a valuable resource for both the established geriatrician as well as those who are new to the field. --Susan K. Schultz, M.D., Professor, University of Iowa College of Medicine

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From the Inside Flap

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G. Blazer, M.D., Ph.D., is JP Gibbons Professor of Psychiatry and Behavioral Sciences in the Department of Psychiatry and Behavioral Sciences; Professor of Community and Family Medicine, and Vice Chair of Academic Development at Duke University School of Medicine in Durham, North Carolina. David C. Steffens, M.D., M.H.S., is Professor and Chairman of the Department of Psychiatry at the University of Connecticut Health Center in Farmington, Connecticut.

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